

Examples of what describing harm looks like



EXAMPLE

I lost three contracts worth about \$20,000 each because of this privacy breach. These clients all cancelled in the three weeks since my information was leaked. \$20,000 is about half my monthly income so it had a severe impact on my business. I believe the leaked information was done on purpose and it has caused me and my business reputational damage and lost customers.

EXAMPLE

Having this video shared has humiliated me. All the mums at school pick up are sniggering and I've seen posts on the local Facebook chat about me and my hobbies. I can't sleep. I keep thinking about it and I'm embarrassed. I'm getting anonymous texts because of the video. This has had a severe impact on my mental health. I've included screenshots of the comments and the texts I've received in my list of evidence.

USE OUR PROMPTS TO DESCRIBE YOUR HARM

- I was injured by this privacy breach by: (issues with mental health/financial loss/humiliation)
- This is what happened because of the breach: (give examples from your life)
- Is the impact of this harm mild, moderate, or severe?
- What has been added to your life by this breach?
- What has been taken away?

NOTE: you don't need to prove harm for an access request or correction. You do for everything else.